



INTRODUCTION

Message From Our Manager

Hello everyone, my name is Lee Gove. I'm a mental health trained nurse with extensive experience across various areas of mental health care. However, my true passion lies in dementia care. I've been part of the team here at Cumbrae Lodge for over 10 years and recently stepped into the role of Home Manager.

My aim is to continue promoting the highest standards of care and support for all the wonderful residents within our home. Enhancing wellbeing and ensuring a safe, compassionate environment for everyone is at the heart of what I do.

As we write this newsletter, we have been reflecting on what a full and joy-packed season it's been here at our home. Thank you to everyone - residents, relatives, volunteers and our brilliant team, who helped make the past few months so special. Grab a cuppa and enjoy a peek into our summer highlights!

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign Up](#)

Best wishes,


Lee Gove
 Home Manager

ACTIVITIES & EVENTS

A Day Out at Eglinton Country Park

We recently enjoyed a lovely trip to Eglinton Country Park. Everyone hopped on the bus for a relaxing day outdoors. We took our time exploring the woodland walks and trails, taking in the beautiful scenery and stopping by the ponds along the way. We also visited the old castle ruins, which sparked a lot of conversation and memories.

To finish off our outing, we gathered in the courtyard to enjoy a picnic together. It was a peaceful and enjoyable day for all involved.



Musical Entertainment with “The Music Man”

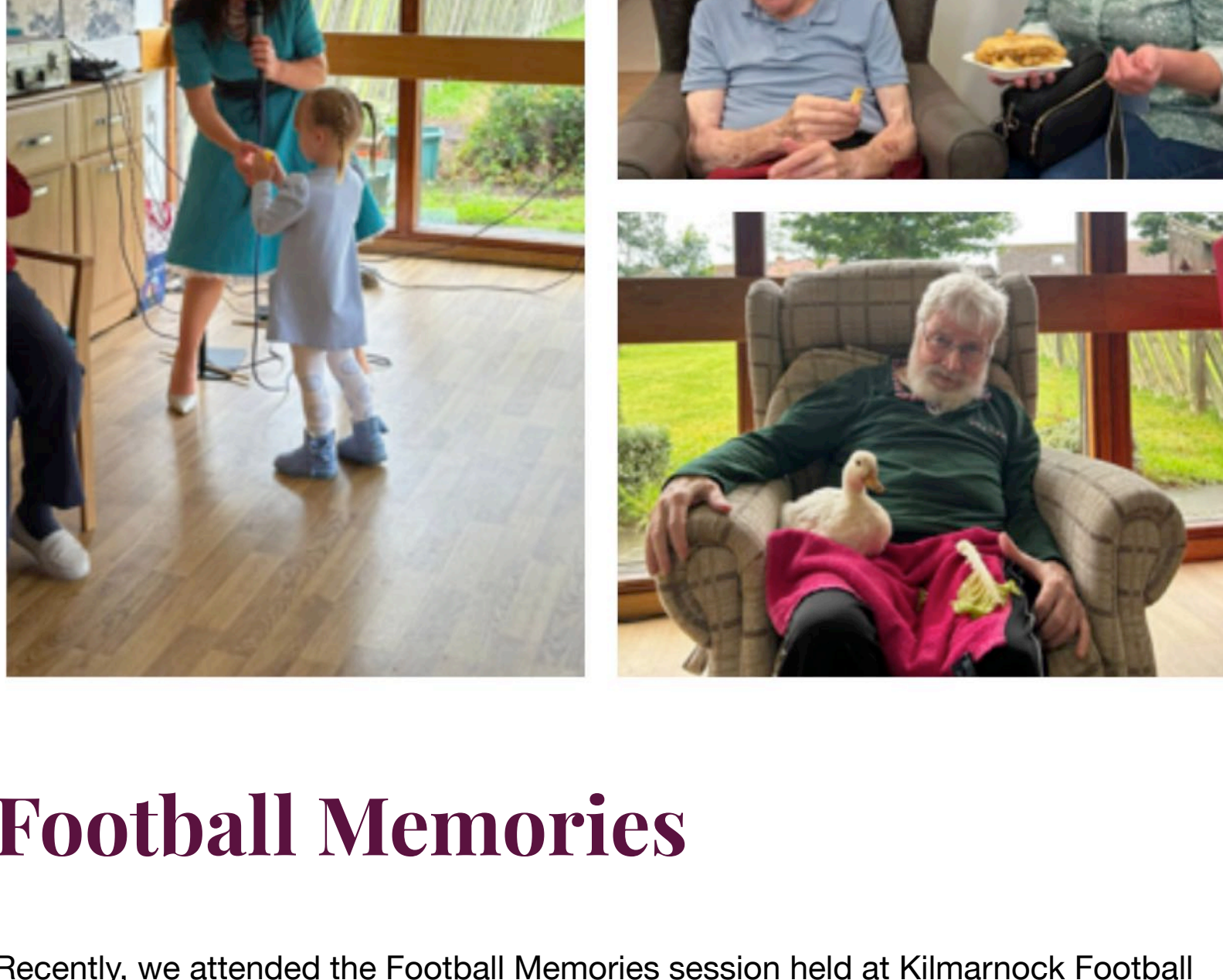
We were pleased to welcome “The Music Man” to our home, who treated us to a fun afternoon of live music. He performed a wide range of songs, much to the delight of residents and staff alike. There was plenty of singing, clapping, and even a bit of dancing, creating a lively and cheerful atmosphere throughout the home.



Summer Fete Celebrations

Our summer fete was a great success and full of variety. “The Music Lady” entertained us with songs from across the decades, and she even brought along musical instruments so that residents and families could join in.

Bunny Love also paid us a visit, bringing along a range of friendly animals including chickens, a tortoise, ducks, guinea pigs, rabbits, and a dog - all of which were very well received. The afternoon was topped off with a visit from a local chip van, providing everyone with traditional fish and chips for dinner. It was a brilliant day enjoyed by all.



Football Memories

Recently, we attended the Football Memories session held at Kilmarnock Football Club. The event took place in the 1869 Suite at Rugby Park and featured guest speaker Sandy Connor - a lifelong supporter of Killie. Sandy shared stories from over 60 years of following the club, much to the delight of attendees.

The afternoon brought back many fond memories and, of course, we couldn't leave without enjoying a famous Killie pie.



Shoogalie Road's “Ye Dancin’ Queenie”

We were entertained by Shoogalie Road Productions, who performed their musical “Ye Dancin’ Queenie” - a lively, ABBA-inspired show. Residents thoroughly enjoyed the familiar songs, and many joined in with singing and dancing. It was a joyful afternoon that lifted everyone's spirits.



SPOTLIGHTS

Resident Spotlights

Fraser - A well-known local figure, Fraser served for 25 years in the Strathclyde Fire Brigade's West Command, based in Ardrossan. His stories and memories from his time as a fireman continue to fascinate and inspire.

Paul - Paul holds a degree in Naval Architecture and has an impressive background in sailing. He has circumnavigated the globe twice on a 67-foot yacht and later worked as a Marine Surveyor at Largs Yacht Haven. His tales of travel and the sea are always a favourite among residents and staff.

Staff Spotlight

This month, we're recognising Care Assistant Megan Carswell for going above and beyond. On her day off, Megan brought in her kitten, Kiki, to visit the residents - a thoughtful gesture that was much appreciated. Many residents responded very positively to Kiki, and her visit clearly brought comfort and joy, making a noticeable difference to their wellbeing.



COMING UP...

Dates for the Diary

- **4th September** - Qualified postural instructor Vivienne will be holding a gentle exercise and yoga class.
- **11th September at 2.30pm** - Upcoming relatives' meeting.
- **15th September** - A home theatre-style production featuring performers Sian and Stephen, along with drag act Auntie Senga.
- **22nd September** - Minister John MacDonald from the Church of Scotland will be leading a service for residents.
- **26th September** - Macmillan Coffee Afternoon with live music, home baking, and special guests.

EXTERNAL LINKS

Social Media

Make sure to check out the Cumbrae Lodge Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) & [Google Reviews](#)